

Sunderland 5K Road Race July 13 2016

Senior Women & Male Vets O50 Results - 13th July 2016

Pos	Name	Club	Time	Pos	Name	Club	Time
1	Keith Smith (706)	Tyne Bridge Harrier	17.09 O50	68	Kirsty Walker (534)	Birtley AC	21.31 F
2	Emma Holt (514)	Morpeth Harriers	17.18 F	69	Katy Walton (539)	Elvet Striders	21.32 F O35
3	Tim Field (701)	Sunderland Harriers	17.24 O50	70	Georgia Wilding (602)	Tyne Bridge Harrier	21.33 F
4	Rob Hancox (704)	Morpeth Harriers	17.33 O50	71	Jessie Hetherington (542)	Heaton Harriers	21.37 F
5	Alexandra Sneddon (506)	Jarrow & Hebburn	17.36 F	72	Kelly Bentley (550)	Durham City Harrie	21.44 F O50
6	Tracy Millmore (569)	Birtley AC	17.50 F	73	Rebecca Bennett (579)	Gateshead Harriers	21.54 F
7	Alice Smith (504)	Sunderland Harriers	18.04 F	74	Colleen Compson (528)	Sunderland Harriers	21.55 F O40
8	Alison Dargie (581)	Tyne Bridge Harrier	18.06 F	75	Joanna Rea (580)	Elswick Harriers	21.56 F
9	Paul Merrison (709)	Sunderland Harriers	18.19 O55	76	Gillian Tomlinson (594)	Houghton Harriers	22.02 F O45
10	Chloe Price (596)	Birtley AC	18.21 F	77	Shannel Curtis (505)	Birtley AC	22.02 F O40
11	Paul Routledge (702)	Tyne Bridge Harrier	18.31 O55	78	Brian Robson (745)	Sunderland Strollers	22.04 O50
12	Alan Thompson (724)	Elswick Harriers	18.33 O50	79	Dianne Vaughan (590)	Quakers RC	22.22 F O50
13	Georgia Campbell (521)	South Shields Harri	18.36 F	80	Allen Mulliss (747)	Heaton Harriers	22.25 O55
14	Kevin Doolan (748)	Blackhill Bounders	18.43 O50	81	Paula Atkinson (532)	South Shields Harri	22.26 F O40
15	Elaine Leslie (562)	Jarrow & Hebburn	18.47 F O45	82	Phil Rees (743)	North Shields Poly	22.27 O60
16	Paul Delaney (713)	Durham City Harrie	18.48 O50	83	Vince Emmett (732)	Sunderland Harriers	22.29 O60
17	Stephanie Dann (584)	North Shields Poly	18.53 F O40	84	Martin Phillips (736)	Darlington Harriers	22.38 O50
18	Jessica Fox (523)	Sunderland Harriers	18.57 F	85	Lesley Charman (599)	Elvet Striders	22.39 F O45
19	David Nicholson (752)	Morpeth Harriers	19.01 O60	86	Fiona Jones (570)	Elvet Striders	22.44 F O35
20	Laura Lee (568)	Durham City Harrie	19.04 F	87	Michelle O'neil (544)	Sunderland Strollers	22.45 F O45
21	Sophie Marr (600)	Unattached	19.11 F	88	Rose Hawkswood (601)	Claremont Road Ru	22.46 F
22	Paul Redman (714)	Sunderland Harriers	19.19 O50	89	Paul Bentley (716)	Morpeth Harriers	22.52 O65
23	Eve Quinn (555)	Sunderland Harriers	19.21 F	90	Yvette Wilkins (525)	Elswick Harriers	22.58 F O35
24	Stephen Soulsby (731)	Elvet Striders	19.25 O50	91	Linda Mudford (583)	Unattached	23.02 F
25	Sarah Hill (598)	Gateshead Harriers	19.27 F	92	Alice Backhurst (530)	New Marske	23.05 F
26	Elsbeth Aspinall (578)	Elswick Harriers	19.28 F O40	93	Vicki Thompson (508)	Jarrow & Hebburn	23.11 F O40
27	Angela Mcgurk (571)	Jarrow & Hebburn	19.29 F O35	94	Catherine Morris (551)	Sunderland Harriers	23.18 F O45
28	Robyn Bennet (536)	Elswick Harriers	19.30 F	95	Lalage Brown (546)	Elswick Harriers	23.48 F O50
29	Vicky Houghton (574)	North Shields Poly	19.38 F	96	John New (733)	Sunderland Strollers	23.55 O50
30	Lucy Turzynski (593)	Tyne Bridge Harrier	19.42 F	97	Stevie Curry (740)	Elswick Harriers	23.57 O55
31	Geoff Hewitson (708)	Crook AC	19.43 O55	98	Denise Forster (529)	Sunderland Harriers	23.58 F O50
32	Peter Scaife (700)	Morpeth Harriers	19.45 O55	99	John Dennis (718)	Unattached	24.12 O65
33	Sue Phillips (588)	Darlington Harriers	19.46 F O50	100	Sue Tate (561)	Sunderland Strollers	24.13 F O50
34	Sarah Knight (552)	Sunderland Harriers	19.47 F	101	Stuart Reay (703)	Durham City Harrie	24.13 O55
35	Mark McNally (722)	Elswick Harriers	19.51 O65	102	Brian Hume (735)	Unattached	24.14 O65
36	Peter Walton (739)	Unattached	19.53 O55	103	Angela Calvert (519)	Sunderland Harriers	24.19 F O40
37	Peter Sloan (707)	Elswick Harriers	19.54 O55	104	Michelle Houghton (566)	Sunderland Strollers	24.26 F
38	Sarah Lister (512)	Blackhill Bounders	19.58 F O40	105	Maria Davis (553)	Sunderland Harriers	24.58 F O35
39	Paul Bellingham (749)	Morpeth Harriers	20.02 O55	106	Brian Taylor (712)	Unattached	24.59 O50
40	Geoff Robinson (744)	Jarrow & Hebburn	20.05 O55	107	John Barber (750)	Sunderland Strollers	25.02 O50
41	Katherine Davis (582)	North Shields Poly	20.07 F O45	108	Kim Fox (522)	Sunderland Harriers	25.03 F O45
42	Rachel Breheny (535)	South Shields Harri	20.12 F O35	109	Karen Byng (558)	Elvet Striders	25.06 F O45
43	Elaine Bissom (527)	Elvet Striders	20.14 F O35	110	Louise Barron (604)	Elvet Striders	25.07 F
44	Andrea Banner (597)	Elswick Harriers	20.21 F O45	111	Susan Clughen (572)	Sunderland Harriers	25.10 F O60
45	Gillian Ritchie (543)	Sunderland Strollers	20.22 F	112	Jennifer Rees (564)	North Shields Poly	25.17 F
46	Vicky Gibbs (595)	Morpeth Harriers	20.23 F O35	113	Sarah Judson (531)	Unattached	25.25 F
47	Clare Twaddle (556)	North Shields Poly	20.23 F O35	114	Melissa Bateson (541)	Elswick Harriers	25.29 F O45
48	Karen Gunn (537)	North Shields Poly	20.25 F O50	115	Roseanne Dougan (575)	Unattached	25.36 F O40
49	John Watson (729)	Low Fell RC	20.27 O60	116	Deb Smith (518)	Sunderland Harriers	25.53 F O45
50	Harry Matthews (728)	Elswick Harriers	20.28 O65	117	Alison Bowman (603)	Tyne Bridge Harrier	25.59 F O35
51	Andrew Walker (737)	South Shields Harri	20.29 O50	118	Catherine Smith (507)	Elvet Striders	26.01 F O40
52	Louise Warner (540)	Elvet Striders	20.36 F O35	119	Ron Avery (723)	Sunderland Strollers	26.08 O65
53	Catherine Lee (585)	Elswick Harriers	20.37 F	120	Peter Bowman (734)	Billingham MH	26.10 O55
54	Mary Lisle (524)	Elswick Harriers	20.38 F O35	121	Victoria Stott (547)	Elvet Striders	26.12 F O40
55	Dale Wilkinson (721)	Sunderland Strollers	20.56 O50	122	Diane Adkins (549)	Quakers RC	26.32 F O50
56	John Davis (746)	Unattached	20.59 O50	123	Catherine Baldrige (559)	Unattached	27.19 F O45
57	Rebecca Parkin (591)	Tyne Bridge Harrier	21.00 F	124	Claire Cameron (533)	Sunderland Harriers	27.54 F
58	Alan Heslington (730)	Wallsend Harriers	21.05 O55	125	Corinne Walton (509)	Derwent Valley Trai	27.58 F O35
59	Robert Wilson (719)	Elswick Harriers	21.06 O55	126	Jennifer Carruthers (573)	Unattached	28.01 F O40
60	Peter Richardson (720)	Sunderland Harriers	21.06 O60	127	Tara Horner (560)	Sunderland Harriers	28.02 F O40
61	Claire O'callaghan (538)	South Shields Harri	21.07 F O35	128	Melvyn Relton (726)	North East Vets	28.14 O65
62	Sarah O'mahoney (545)	Sunderland Harriers	21.09 F	129	Helen Ashburner (557)	Unattached	28.36 F
63	Rachael Perowne (548)	Tyne Bridge Harrier	21.14 F O35	130	Tony Maddocks (717)	Wallsend Harriers	29.08 O50
64	Vicki Cotton (592)	Sunderland Harriers	21.17 F O35	131	Debbie Wardle (567)	Sunderland Strollers	29.38 F O40
65	David Young (725)	Tyne Bridge Harrier	21.22 O50	132	Mark Hume (741)	Alnwick Harriers	31.51 O65
66	Vicky Younger (500)	Sunderland Harriers	21.27 F O35				
67	Maggie Lorraine (563)	Gateshead Harriers	21.29 F O60				

Sunderland 5K Road Race July 13 2016

Senior Results & Male VetsnO40 - 13th July 2016

Pos	Name	Club	Time	Pos	Name	Club	Time
1	Chris Parr (195)	Gateshead Harriers	14.55	67	Jonathan Heaney (14)	Unattached	17.31
2	Sam Hancox (35)	Morpeth Harriers	15.08	68	Luke Bryant (138)	Tyne Bridge Harrier	17.31
3	Jed Marshall (184)	Gateshead Harriers	15.09	69	Lee Hutton (90)	Blaydon Harriers	17.32
4	Russ Floyd (155)	Morpeth Harriers	15.12	70	Martin Slater (135)	Gateshead Harriers	17.33
5	Greg Jayassuriya (96)	Middlesbrough & C	15.16	71	Shaun Marshall (121)	Darlington Harriers	17.34
6	Max Mcneil (154)	Salford	15.18	72	Richard Harrison (20)	Unattached	17.37
7	Thomas Straughan (193)	Morpeth Harriers	15.22	73	Michael Parkinson (134)	North Shields Poly	17.37
8	James Askew (111)	Durham City Harrie	15.28	74	Adam Ridley (57)	Sunderland Harriers	17.39
9	Sparrow Morley (166)	Sunderland Harriers	15.29	75	Matthew Wakefield (167)	Gateshead Harriers	17.41
10	Steven Mcmahon (117)	Sunderland Harriers	15.29	76	Alex Muir (79)	Blaydon Harriers	17.42
11	Andy Powell (50)	Sunderland Harriers	15.33	77	Mark Head (130)	Sunderland Harriers	17.45
12	Luke Adams (6)	South Shields Harri	15.33	78	Robert Teasdale (141)	Unattached	17.45
13	Jonnie Nisbet (161)	Morpeth Harriers	15.38	79	Chris Bell (81)	Sunderland Harriers	17.47
14	James Dunce (190)	Tyne Bridge Harrier	15.39	80	Jeremy Pattison (36)	Richmond & Zetlan	17.49
15	Kevin Jeffress (164)	Sunderland Harriers	15.40	81	Matthew Bowman (153)	Billingham MH	17.51
16	Alex Brown (182)	Houghton Harriers	15.41	82	Paul Waller (18)	Tyne Bridge Harrier	17.52
17	James Cripwell (191)	Gateshead Harriers	15.43	83	Alan Hodgson (126)	Sunderland Harriers	17.53
18	Terry Scott (80)	Tyne Bridge Harrier	15.44	84	Michael Heskett (145)	Sunderland Harriers	17.55
19	Adrian Bailles (132)	Birtley AC	15.47	85	Craig Harriman (52)	Sunderland Harriers	18.04
20	Robert Eaton (67)	Durham City Harrie	15.48	86	Steve Johnson (169)	Houghton Harriers	18.06
21	Matthew Hornsby (3)	Durham City Harrie	15.51	87	Paul Gilder (103)	North Shields Poly	18.10
22	Jonny Evans (91)	Jarrow & Hebburn	15.52	88	Alan Knebel (102)	Sunderland Harriers	18.12
23	Jeff Prest (110)	Trafford AC	15.55	89	Mark Hinder (66)	South Shields Harri	18.14
24	Robert Balmбра (196)	Morpeth Harriers	15.56	90	Mark Warner (72)	Elvet Striders	18.14
25	Ian Ritchie (27)	Sunderland Harriers	15.58	91	Rory Graham (176)	Houghton Harriers	18.16
26	Gary Wallace (82)	Blackhill Bounders	16.04	92	Declan Munnely (171)	Sunderland Strollers	18.17
27	Harry Coates (197)	Wallsend Harriers	16.08	93	Jonathan Longrigg (30)	Tyne Bridge Harrier	18.17
28	Matthew Devlin (51)	Sunderland Harriers	16.09	94	Michael Mcdonald (192)	Blackhill Bounders	18.19
29	Luke Duffy (152)	Billingham MH	16.10	95	Dominic Harris (49)	Alnwick Harriers	18.20
30	Michael Barker (156)	Sunderland Harriers	16.12	96	Matt Davison (201)	Tyne Bridge Harrier	18.23
31	Brendan O'grady (204)	Sunderland Strollers	16.12	97	Ben Hall (47)	Elswick Harriers	18.25
32	Gareth Pritchard (12)	Elvet Striders	16.14	98	Paul Allan (8)	Darlington Harriers	18.26
33	Lee Gifford (56)	Jarrow & Hebburn	16.15	99	Richard Campbell (160)	Aycliffe Road Runn	18.27
34	Ian Dixon (127)	Sunderland Harriers	16.16	100	Craig Allen (140)	Middlesbrough & C	18.35
35	Robert Walker (144)	North Shields Poly	16.18	101	Andrew Duke (172)	Sunderland Strollers	18.37
36	Mark Snowball (181)	Morpeth Harriers	16.20	102	Michael Henderson (120)	Sunderland Strollers	18.39
37	Matthew Davison (170)	Unattached	16.31	103	Peter Armstrong (179)	Darlington H & AC	18.41
38	Chris Auld (94)	Crook AC	16.34	104	David Antill (11)	Tyne Bridge Harrier	18.42
39	Jack Tallentire (122)	Sunderland Harriers	16.36	105	David Henson (68)	Durham City Harrie	18.43
40	Christopher Rumsey (189)	Middlesbrough & C	16.36	106	Nick Howell (24)	Tyne Bridge Harrier	18.44
41	Stephen Jackson (39)	Elvet Striders	16.37	107	Darren Stoker (125)	Sunderland Harriers	18.49
42	Adam Pratt (109)	Tynedale Harriers	16.38	108	Mike Hobson (108)	Sunderland Strollers	18.54
43	Steven Carragher (202)	Alnwick Harriers	16.41	109	Tony Allinson (123)	Sunderland Harriers	19.02
44	Matthew Alderson (114)	Blaydon Harriers	16.43	110	Tom Crossley (158)	Unattached	19.16
45	Paul O'mara (115)	Tyne Bridge Harrier	16.44	111	Paul Pickford (2)	Sunderland Harriers	19.18
46	Simon Lyon (83)	Wallsend Harriers	16.47	112	Adam Walker (174)	South Shields Harri	19.19
47	John Surtess (186)	Aycliffe Road Runn	16.48	113	David Armstrong (194)	Elswick Harriers	19.22
48	Matthew Darbyshire (89)	Wallsend Harriers	16.50	114	Graeme Weeks (124)	Sunderland Harriers	19.25
49	Andrew Alderson (183)	Unattached	16.54	115	Simon Jamison (70)	North Shields Poly	19.27
50	Cees Van Der Land (100)	Tyne Bridge Harrier	16.56	116	Shaun Bagley (128)	Sunderland Harriers	19.33
51	Peter Hodgson (17)	Blaydon Harriers	16.58	117	Richard Houghton (4)	Elswick Harriers	19.35
52	Michael Hindmarch (95)	North Shields Poly	17.03	118	Graham Hall (23)	North Shields Poly	19.39
53	Jason Old (60)	Elswick Harriers	17.04	119	Brian Cairns (159)	Sunderland Strollers	19.43
54	Steve Rankin (165)	Sunderland Harriers	17.05	120	Shaun Kerry (175)	Houghton Harriers	19.44
55	Steven Medd (112)	Gateshead Harriers	17.06	121	Philip Mcguire (75)	Blaydon Harriers	19.52
56	Jack Armstrong (163)	Wallsend Harriers	17.07	122	Jack Smith (142)	Sunderland Harriers	19.53
57	Lee Dover (86)	Houghton Harriers	17.13	123	Rob Wilson (116)	Birtley AC	19.54
58	Alasdair Blain (177)	Tyne Bridge Harrier	17.17	124	Adam Rowe (84)	North Shields Poly	19.59
59	Mark Anderson (58)	Unattached	17.19	125	Dean Phillips (46)	Sunderland Harriers	20.01
60	Steven Duffy (54)	Sunderland Harriers	17.23	126	Mike Russell (188)	Elswick Harriers	20.03
61	Tim Kelso (98)	Tyne Bridge Harrier	17.24	127	Graeme Walton (71)	Elvet Striders	20.05
62	Lee Coulson (63)	Elswick Harriers	17.26	128	Paul O'brien (143)	Unattached	20.10
63	Thomas Brannon (65)	North Shields Poly	17.26	129	Chris Duce (199)	Sunderland Strollers	20.16
64	Tony Lewis (74)	Unattached	17.27	130	David Williams (107)	North Shields Poly	20.22
65	Danny Dixon (101)	Unattached	17.27	131	Neil Casson (148)	Unattached	20.24
66	Douglas Tickner (146)	Tyne Bridge Harrier	17.31	132	Robert Emson (76)	Elswick Harriers	20.25

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133	Craig Davison (149)	Tyne Bridge Harrier	20.34			
134	Laurentiu Craciunas (203)	Sunderland Strollers	20.40			
135	Allan Mcmanus (37)	Sunderland Harriers	20.50			
136	Paul Davy (25)	North Shields Poly	20.52	O40		
137	Daniel Smith (43)	Sunderland Harriers	20.57			
138	Phillip Jobson (62)	Blaydon Harriers	20.59			
139	Barry Marley (78)	Sunderland Harriers	21.00	O45		
140	Cain Close (205)	Unattached	21.03	O45		
141	Ross Daghish (180)	Sunderland Harriers	21.04			
142	Stephen Allen (59)	Sunderland Strollers	21.04			
143	Christopher Bryson (104)	Vegan Runners	21.06	O40		
144	Gary Fox (42)	Sunderland Harriers	21.07	O45		
145	Joseph Hoben (77)	Wallsend Harriers	21.16	O40		
146	Alistar Robson (185)	Fetch Everyone RC	21.17	O40		
147	David Dougan (139)	Unattached	21.38	O40		
148	Simon Kirkley (55)	Tyne Bridge Harrier	21.53	O40		
149	Iain Dobson (147)	Sunderland Strollers	22.05			
150	Tyrone Murphy (19)	Tyne Bridge Harrier	22.11			
151	Felicity Smith (526)	Elswick Harriers	22.21	F O40		
152	Lee Carruthers (119)	Houghton Harriers	22.33	O40		
153	Steven Wilkins (48)	Elswick Harriers	23.35			
154	James De (198)	Unattached	24.27	O40		
155	Robert Clark (44)	Unattached	24.46			
156	John O'boyle (28)	Unattached	26.41	O40		
157	Roger Heath (93)	Tyne Bridge Harrier	27.24	O45		
158	Dave Rainsford (113)	Unattached	27.43	O45		
159	Andrew Wooley (69)	Unattached	27.43			

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32	Catherine Lee (585)	Elswick Harriers	20.37 F				
33	Mary Lisle (524)	Elswick Harriers	20.38 F O35				
34	Rebecca Parkin (591)	Tyne Bridge Harrier	21.00 F				
35	Claire O'callaghan (538)	South Shields Harri	21.07 F O35				
36	Sarah O'mahoney (545)	Sunderland Harriers	21.09 F				
37	Rachael Perowne (548)	Tyne Bridge Harrier	21.14 F O35				
38	Vicki Cotton (592)	Sunderland Harriers	21.17 F O35				
39	Vicky Younger (500)	Sunderland Harriers	21.27 F O35				
40	Maggie Lorraine (563)	Gateshead Harriers	21.29 F O60				
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50	Shannel Curtis (505)	Birtley AC	22.02 F O40				
51	Dianne Vaughan (590)	Quakers RC	22.22 F O50				
52	Lesley Charman (599)	Elvet Striders	22.39 F O45				
53	Fiona Jones (570)	Elvet Striders	22.44 F O35				
54	Michelle O'neil (544)	Sunderland Strollers	22.45 F O45				
55	Rose Hawkswood (601)	Claremont Road Ru	22.46 F				
56	Yvette Wilkins (525)	Elswick Harriers	22.58 F O35				
57	Linda Mudford (583)	Unattached	23.02 F				
58	Alice Backhurst (530)	New Marske	23.05 F				
59	Vicki Thompson (508)	Jarrow & Hebburn	23.11 F O40				
60	Catherine Morris (551)	Sunderland Harriers	23.18 F O45				
61	Lalage Brown (546)	Elswick Harriers	23.48 F O50				
62	Denise Forster (529)	Sunderland Harriers	23.58 F O50				
63	Sue Tate (561)	Sunderland Strollers	24.13 F O50				
64	Angela Calvert (519)	Sunderland Harriers	24.19 F O40				
65	Michelle Houghton (566)	Sunderland Strollers	24.26 F				
66	Maria Davis (553)	Sunderland Harriers	24.58 F O35				
67	Kim Fox (522)	Sunderland Harriers	25.03 F O45				

Sunderland 5K Road Race July 13 2016

Senior Women & Male Vets O50 Results - 13th July 2016

Pos	Name	Club	Time	Pos	Name	Time
1	Keith Smith (706)	Tyne Bridge Harrier	17.09	O50		
2	Tim Field (701)	Sunderland Harriers	17.24	O50		
3	Rob Hancox (704)	Morpeth Harriers	17.33	O50		
4	Paul Merrison (709)	Sunderland Harriers	18.19	O55		
5	Paul Routledge (702)	Tyne Bridge Harrier	18.31	O55		
6	Alan Thompson (724)	Elswick Harriers	18.33	O50		
7	Kevin Doolan (748)	Blackhill Bounders	18.43	O50		
8	Paul Delaney (713)	Durham City Harrie	18.48	O50		
9	David Nicholson (752)	Morpeth Harriers	19.01	O60		
10	Paul Redman (714)	Sunderland Harriers	19.19	O50		
11	Stephen Soulsby (731)	Elvet Striders	19.25	O50		
12	Geoff Hewitson (708)	Crook AC	19.43	O55		
13	Peter Scaife (700)	Morpeth Harriers	19.45	O55		
14	Mark McNally (722)	Elswick Harriers	19.51	O65		
15	Peter Walton (739)	Unattached	19.53	O55		
16	Peter Sloan (707)	Elswick Harriers	19.54	O55		
17	Paul Bellingham (749)	Morpeth Harriers	20.02	O55		
18	Geoff Robinson (744)	Jarrow & Hebburn	20.05	O55		
19	John Watson (729)	Low Fell RC	20.27	O60		
20	Harry Matthews (728)	Elswick Harriers	20.28	O65		
21	Andrew Walker (737)	South Shields Harri	20.29	O50		
22	Dale Wilkinson (721)	Sunderland Strollers	20.56	O50		
23	John Davis (746)	Unattached	20.59	O50		
24	Alan Heslington (730)	Wallsend Harriers	21.05	O55		
25	Robert Wilson (719)	Elswick Harriers	21.06	O55		
26	Peter Richardson (720)	Sunderland Harriers	21.06	O60		
27	David Young (725)	Tyne Bridge Harrier	21.22	O50		
28	Brian Robson (745)	Sunderland Strollers	22.04	O50		
29	Allen Mulliss (747)	Heaton Harriers	22.25	O55		
30	Phil Rees (743)	North Shields Poly	22.27	O60		
31	Vince Emmett (732)	Sunderland Harriers	22.29	O60		
32	Martin Phillips (736)	Darlington Harriers	22.38	O50		
33	Paul Bentley (716)	Morpeth Harriers	22.52	O65		
34	John New (733)	Sunderland Strollers	23.55	O50		
35	Stevie Curry (740)	Elswick Harriers	23.57	O55		
36	John Dennis (718)	Unattached	24.12	O65		
37	Stuart Reay (703)	Durham City Harrie	24.13	O55		
38	Brian Hume (735)	Unattached	24.14	O65		
39	Brian Taylor (712)	Unattached	24.59	O50		
40	John Barber (750)	Sunderland Strollers	25.02	O50		
41	Ron Avery (723)	Sunderland Strollers	26.08	O65		
42	Peter Bowman (734)	Billingham MH	26.10	O55		
43	Melvyn Relton (726)	North East Vets	28.14	O65		
44	Tony Maddocks (717)	Wallsend Harriers	29.08	O50		
45	Mark Hume (741)	Alnwick Harriers	31.51	O65		