## presented by

### DURHAM CITY HARRIERS & AC

###### with the support of Durham University

Enjoy the beautiful setting of the University grounds at Green Lane, Durham City.

Refreshments will be available from the Cricket Pavilion.

Thursday 20th August 2015

At University Sports Fields, Green Lane, Durham

(Under UK Athletics rules, permit no. (applied for )

\*PLEASE NOTE THERE WILL BE NO JUNIOR RACES AT THIS EVENT\*

All races are for teams of 3, each runner runs two laps of a fast, mostly flat, grass course of approximately 1500m.

|  |
| --- |
| Programme |
| Race | Time | Event |
|  |  |  |
| 1 |  6.30pm | Senior Men & Women |
| 2 | 7.05pm | Vet Men(35+) & Vet Woman (35+) & Mixed Team\* relay |

Please note \* Mixed Team can include any combination of Senior and or Vets but must include at least one male and one female runner.

Prizes For

Race 1&2 1st ,2nd and 3rd Teams in - Sen.Men, Sen.Women, Vet.Men, Vet.Women, Unattached, Mixed team. Fastest leg Sen Male & Female & Vet Man and Vet Woman prizes.

 Additional spot prizes.

 *Prize list supported by* ***START*  FITNESS**

Entry Fees

Senior events, £12.00 per team. Clubs may enter more than one team. Unattached teams £2.00 extra per team. No on the day entries.



Durham City Harriers



Race Conditions

University of Durham

Teams must be declared at least 15 minutes before the start of a race. Registration will open at 5.30pm.

Senior athletes must be 16 years of age or over on 31st August 2014

Please note

The promoters reserve the right to curtail the prize list of any race when the number of competitors is considered insufficient.

The promoters will accept no liability for any loss or damage to equipment and clothing or for injuries when competing at this event.

The races will be followed by a presentation in the cricket pavilion

Closing Date

Entries by Monday 10th August 2015 on the form below. Entry will be confirmed via text or email.

Entries to Contact for enquiries

Chris Herkes Tel 07702794489

64 Broomside Lane Email chrisherkes@yahoo.co.uk

Belmont

Durham DH1 2QT

Cheques made payable to

 Durham City Harriers & AC

……………………………………………………………………

Durham Summer Relays 2015 Entry Form

|  |
| --- |
|  |
| Race | Event | No. of teams | £ |
|  |  |  |  |
| 1&2+ | Senior Men & Women, Vet men & women(35+) & mixed team(men/women) | x £12.00 |  |
|  | Unattached teams | x £14.00 |  |
|  | Total |  |
| Club Name: |  |  |
| Contact Name & Address: \*Needed in case Prizes are won\*. |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
| Contact phone no.: |  |  |
| Contact e-mail address: |  |  |

 ***Race numbers to be collected on the night of the event.***