

Conduct of sessions involving U13/U15 and Minis

Coaches, Juniors and Parents/Carers should follow the policies in addition to those required by England Athletics*

- All training sessions to have two adults present
- Where young athletes are required to move en masse from one training area to another they should be accompanied by 2 adults if the route involves passing through any area where athletes are not visible by 2 adults taking the session.
- Young athletes should remember to use the toilet before the start of a session. Should an athlete require the toilet during a session, they must ask one of the leaders. They may then use the toilet, but be accompanied by another young athlete to the toilet block, which may be some distance. They should report back to the appropriate leader on returning from the toilet.
- If young athletes arrive late to sessions it is the responsibility of the parent/carer to take them to the training location (i.e. if young athletes arrive after 6.30pm to U15s, or after 7pm to U13s). (The session may not necessarily be on the track)
- Feedback/contact with parents/carers is the responsibility of the lead coaches, usually Andy Billett (Minis, U15s) and Brian Brown (Minis, U13).

Other responsible adults should refer the situation to one of the above lead coaches if they consider it necessary for parents/carers to be contacted regarding a particular young athlete.

- Verbal feedback 'on the night' should be given by the lead coach, accompanied by the other responsible adult as appropriate. The lead coach should ask the young athlete to 'bring their parent/carer' to the dugout area for the end of the session.
- Emailed or telephone feedback should be given by a lead coach
- Sessions are rarely cancelled, but we ask parents/carers to check that the session is running before dropping off children in the car-park and leaving the premises.
- If young athletes have any medical issues, parents/carers should talk directly to the lead coach. They should let coaches know of any changes in their child's medical health. This is in addition to filling in the medical forms. Parents/carers should talk to the new coach if their child changes overall coaching group within the club.

* England Athletics requires all training sessions to be set by an England Athletics qualified and registered 'Coach'. An 'Assistant Coach' may both set and take sessions/part of sessions if the sessions have been approved by the 'Coach'. 'Sports leaders' may help in a session but not take a session unless under direct supervision.