

| March Handicap | Handicap | Gross time | Net Time | Appx mile pace |
|-----------------------|-----------------|-------------------|-----------------|-----------------------|
| Mike Warren | 5.00 | 22.04 | 17.04 | 6.33 |
| Kirsten Farquhar | 3.58 | 22.21 | 18.23 | 7.04 |
| Rob Hand | 8.04 | 22.28 | 14.24 | 5.31 |
| John McElroy | 7.42 | 22.31 | 14.49 | 5.41 |
| Dave Coxon | 5.19 | 22.41 | 17.22 | 6.40 |
| Mike Kenyon | 5.00 | 22.44 | 17.44 | 6.49 |
| Rachael Bentley | 3.54 | 23.01 | 19.07 | 7.21 |
| Stuart Reay | 3.08 | 23.32 | 20.24 | 7.50 |

Net times

| | | | | |
|------------------|------|-------|--------------|------|
| Rob Hand | 8.04 | 22.28 | 14.24 | 5.31 |
| John McElroy | 7.42 | 22.31 | 14.49 | 5.41 |
| Mike Warren | 5.00 | 22.04 | 17.04 | 6.33 |
| Dave Coxon | 5.19 | 22.41 | 17.22 | 6.40 |
| Mike Kenyon | 5.00 | 22.44 | 17.44 | 6.49 |
| Kirsten Farquhar | 3.58 | 22.21 | 18.23 | 7.04 |
| Rachael Bentley | 3.54 | 23.01 | 19.07 | 7.21 |
| Stuart Reay | 3.08 | 23.32 | 20.24 | 7.50 |

Overall Points Table

| | |
|------------------|------|
| John McElroy | 34 |
| Rob Hand | 33 |
| Mike Warren | 28 |
| Dave Coxon | 25.5 |
| Stuart Reay | 22.5 |
| Rob Garbutt | 22 |
| Kirsin Farquhar | 22 |
| Rachael Bentley | 20 |
| Mike Kenyon | 18 |
| Rob Hewitson | 17 |
| Emma Bain | 17 |
| Ted Tait | 14 |
| Les Philips | 14 |
| Alan Rowell | 13 |
| Chris Callan | 13 |
| Nikki Stephenson | 12 |
| Peter Embleton | 11 |
| Jon Ayres | 8 |
| Chloe Price | 8 |
| Paul Adams | 6 |
| Nigel Nimmo | 4 |
| Gemma Soulsby | 3 |
| Kevin Knight | 2 |