

Risk Assessment Winter Handicap Course

Map at http://gb.mapometer.com/en/running/route_913167.html

Course Description

Start at the bollards on the new cycle track by the Business School (just beyond Van Mildert College). Run along new cycle track to the A167. Turn left and run along to the Cock of the North roundabout (pavement/old cycle track). Loop around the temporary bollard. Stay on the pavement. Then run back the way you came to the start. From the start you will then do one loop back up to the bollards at the main road and then back to the Business School (2.6 miles).

RISKS

1. Motorised traffic crossing route –
 - no vehicular crossings.
2. Lay-by at start of old cycle track –
 - runners can avoid lay-by by using pavement
 - warning at start
3. Bicycles on cycle tracks
 - wear high visibility gear
 - warning at start
 - run on pavement where available
4. Risk of collision between approaching runners
 - approaching runners to leave each other to the left
 - leave central bollard to the left
5. Runners going off course
 - course explained at start/map available
6. Runners standing in road at start/finish
 - warning at start to use spare ground
7. Runners colliding with bollards
 - warning at start
8. Runners colliding with pedestrians/dog walkers
 - warning at start
9. Debris on old cycle track
 - visual check beforehand
 - warning at start
10. Possible bad weather/snow/ice
 - visual check with event called off if necessary – by 6.45pm at latest. Notice
 - put notice on forum/website if time available.
 - warning at start